 Coaches Area

Photographers

Press / interviews

ETU / LOC
Area

VIP Area

 Recovery

Podium


 FINISH

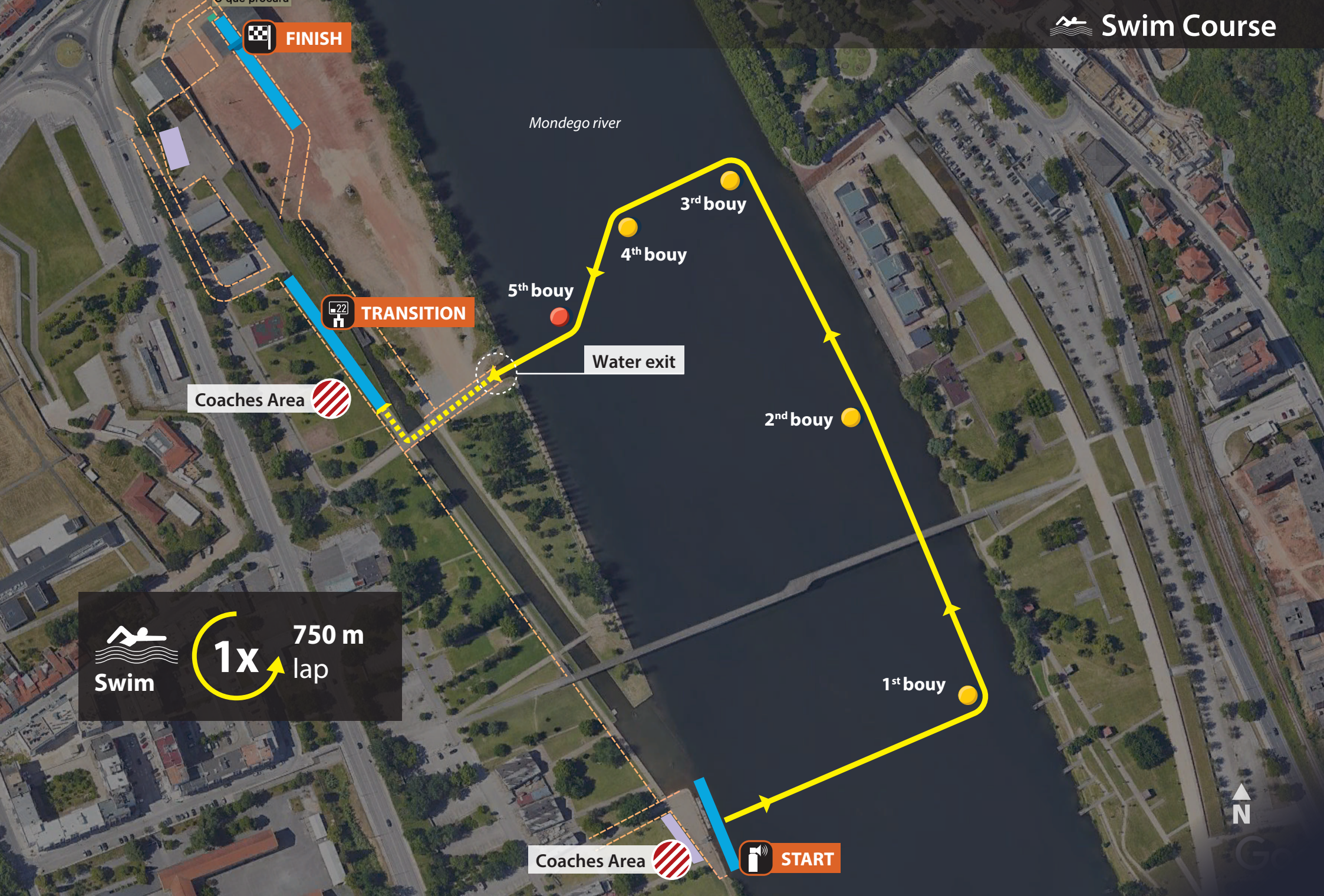
Public
area

Public
area

Athlete's
Lounge

 TRANSITION

Coaches Area 



 **FINISH**

Mondego river

3rd bouy

4th bouy

5th bouy

Water exit

 **TRANSITION**

Coaches Area

2nd bouy

1st bouy


Swim

1x

750 m
lap


Coaches Area


 **START**

N

Mondego river

 **FINISH**


Swim



1x

4th bouy 


5th bouy 

Water exit

 **TRANSITION**

Coaches Area 

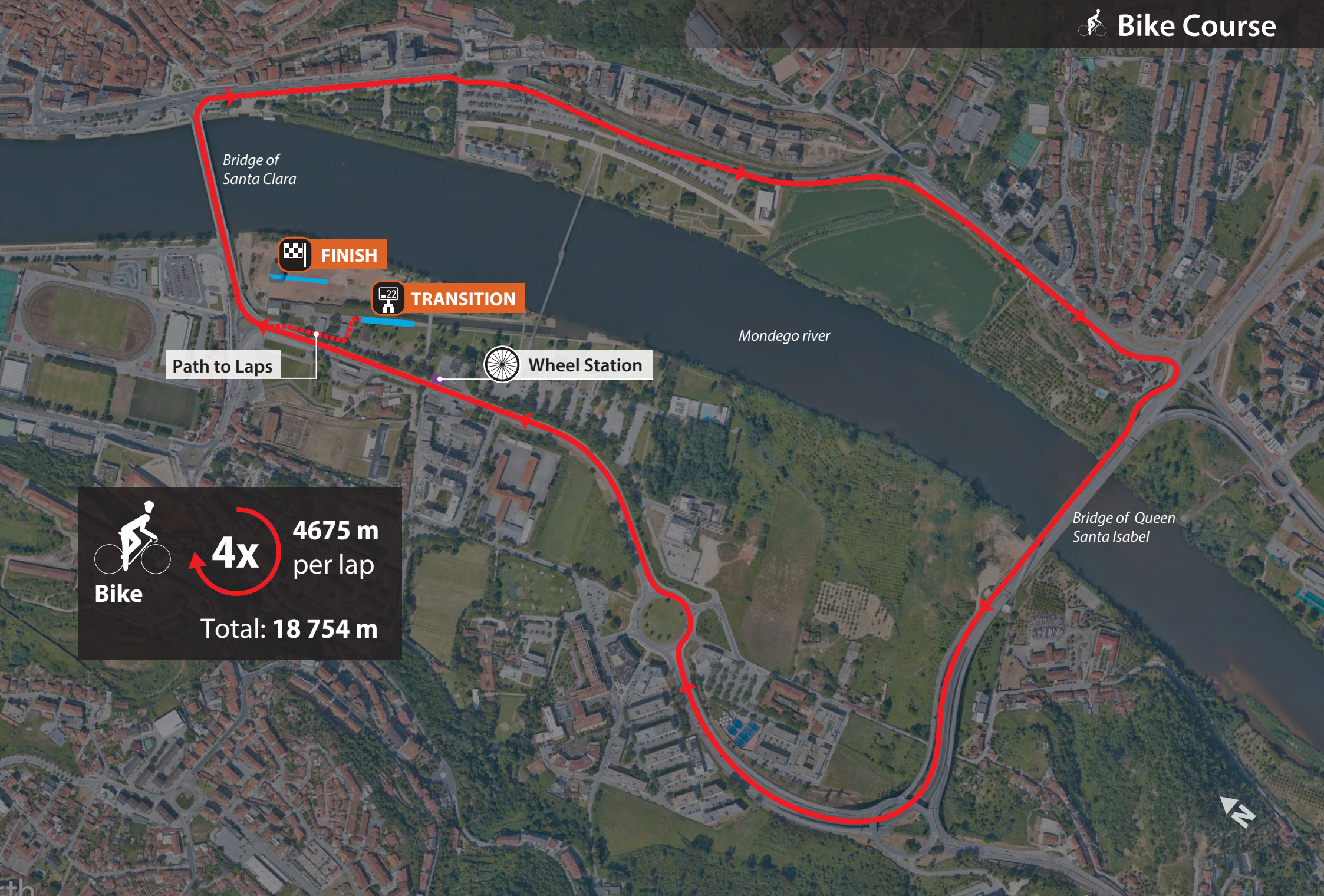
Mount Line

 **Lap point**


Bike


4x






Bridge of Santa Clara

 **FINISH**

 **TRANSITION**

Path to Laps

 **Wheel Station**

Mondego river

Bridge of Queen Santa Isabel



Bike

4x

4675 m
per lap


Total: 18 754 m






Mondego river

 **FINISH**

 **Aid Station**

 **TRANSITION**

 **Lap point**

Dismount Line

 **Run** **2x**


 **Bike** **4x**




Bridge of Santa Clara

Mondego river

 **FINISH**

 **Aid Station**

 **TRANSITION**

 **Penalty Box**

Pedestrian bridge of Pedro and Inês

 **Pedestrian bridge**

Magnification area



Run


2x

2500 m
per lap

Total: 5000 m






Coaches Area 

 **FINISH**

 **Recovery**

Athlete's Lounge

 **Lap point**

 **TRANSITION**

Coaches Area 

2nd Lap

Finish

Mondego river

 **Bike** 

