

Local da Prova: **Coimbra**

Data: **12-06-2022**

Hora da Partida: **00:00:00**

Distancias: Natação - 1900

Ciclismo - 90000

Corrida - 21100

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	103797	278	João Gonçalves	35-39	Clube de Futebol Os Belenenses	00:30:19	00:02:11	02:17:36	00:01:47	01:25:06	04:16:59	00:00:00
2	105927	244	Gabriel Garrido	20-24	Triatlo de Faro	00:29:13	00:01:55	02:21:32	00:01:53	01:23:11	04:17:44	00:00:45
3	0	241	Lino Barruncho	45-49	Não Federado	00:33:02	00:02:05	02:23:44	00:02:35	01:21:37	04:23:03	00:06:04
4	0	256	Ivan Pereira	35-39	Não Federado	00:33:48	00:01:56	02:23:09	00:01:55	01:23:34	04:24:22	00:07:23
5	107128	196	Pedro Lorena	35-39	Individual	00:30:15	00:02:41	02:26:24	00:01:59	01:23:53	04:25:12	00:08:13
6	101964	201	Nelson Mestre	40-44	Lusitano / Frusoal	00:30:23	00:01:48	02:23:36	00:01:36	01:31:37	04:29:00	00:12:01
7	104663	318	Luis Mira Nunes	45-49	CNATRIL Triatlo	00:33:47	00:01:55	02:19:33	00:01:44	01:33:18	04:30:17	00:13:18
8	108357	224	david toro	45-49	Clube dos Galitos	00:33:08	00:01:58	02:23:27	00:02:05	01:30:01	04:30:39	00:13:40
9	106490	82	Ricardo Simão	40-44	Individual	00:32:59	00:01:53	02:24:43	00:01:32	01:29:37	04:30:44	00:13:45
10	105057	220	Luis Lourenço	45-49	Triatlo de Faro	00:30:29	00:02:14	02:26:20	00:02:15	01:34:30	04:35:48	00:18:49
11	104013	2	Paulo Gonçalves	35-39	Clube dos Galitos	00:30:17	00:01:36	02:27:23	-	-	04:35:57	00:18:58
12	0	306	Daniel Martinez	30-34	Não Federado	00:34:49	00:02:20	02:30:24	00:01:57	01:28:30	04:38:00	00:21:01
13	106984	145	Helder Cipriano	35-39	Lusitano / Frusoal	00:32:32	00:02:05	02:30:12	00:01:43	01:32:40	04:39:12	00:22:13
14	100115	195	Bruno Toscano	40-44	Clube Oriental de Lisboa	00:34:23	00:02:11	02:26:17	00:01:27	01:35:03	04:39:21	00:22:22
15	106930	236	Eduardo Gonçalves	35-39	A. R. Casaense	00:30:09	00:02:35	02:31:29	00:01:42	01:34:00	04:39:55	00:22:56
16	102737	250	Paulo Piteira	45-49	Triatlo de Faro	00:39:13	00:02:42	02:29:35	00:01:37	01:27:10	04:40:17	00:23:18
17	107269	48	Rodrigo Viana	25-29	Individual	00:34:32	00:02:56	02:31:22	00:01:51	01:30:15	04:40:56	00:23:57
18	100728	138	Fernando Carmo	55-59	Sport Algés e Dafundo	00:37:02	00:02:52	02:24:49	00:02:07	01:34:12	04:41:02	00:24:03
19	105315	52	Hugo Gaudêncio	45-49	REPSOL TRIATLO	00:31:20	00:02:23	02:33:50	00:01:24	01:32:46	04:41:43	00:24:44
20	101779	293	Ivan Costa	30-34	Clube Oriental de Lisboa	00:31:08	00:02:13	02:29:36	00:02:08	01:36:43	04:41:48	00:24:49
21	102904	31	David Alfeirão	35-39	Fc Ferreiras	00:34:17	00:01:56	02:25:46	00:01:47	01:39:29	04:43:15	00:26:16
22	107198	287	Rui Fonseca	45-49	Clube de Futebol Os Belenenses	00:33:31	00:01:44	02:31:51	00:01:52	01:34:36	04:43:34	00:26:35
23	0	219	Manuel Meneres	40-44	Não Federado	00:31:45	00:02:53	02:40:07	00:01:38	01:28:38	04:45:01	00:28:02
24	106375	296	Fred Cerdeira	40-44	Estoril Praia Credibom	00:38:07	00:02:36	02:36:45	00:02:00	01:27:37	04:47:05	00:30:06
25	104877	188	Nuno Dias	35-39	AMICICLO GRÂNDOLA	00:35:22	00:02:14	02:39:11	00:01:27	01:31:35	04:49:49	00:32:50
26	0	315	Luís Almeida	50-54	Não Federado	00:39:27	00:05:39	02:57:59	00:05:09	01:01:50	04:50:04	00:33:05
27	107237	210	Filipe Centeno	45-49	SNR Triatlo	00:34:48	00:02:21	02:36:33	00:02:03	01:34:27	04:50:12	00:33:13
28	104118	40	Pedro Mendonça	45-49	Louletano	00:38:24	00:02:51	02:27:22	00:01:56	01:40:17	04:50:50	00:33:51

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	107390	150	Firmino Miguel	25-29	Clube Zupper	00:33:28	00:02:49	02:42:25	00:01:23	01:30:45	04:50:50	00:33:51
30	105282	160	Sérgio Mota	40-44	Sporting Clube de Espinho - FERSILVA	00:37:08	00:03:41	02:37:20	00:02:32	01:30:39	04:51:20	00:34:21
31	102343	265	Carlos Custódio	45-49	Individual	00:32:40	00:02:35	02:35:24	00:02:14	01:38:55	04:51:48	00:34:49
32	103780	284	João Cordeiro	30-34	Try Portugal / V. Janes	00:39:35	00:02:25	02:33:47	00:01:16	01:35:00	04:52:03	00:35:04
33	0	289	Rui Dias Oliveira	35-39	Não Federado	00:32:39	00:01:51	02:31:49	00:01:49	01:44:19	04:52:27	00:35:28
34	100704	300	Nuno Tintim	45-49	Estoril Praia Credibom	00:39:25	00:01:48	02:35:36	00:01:46	01:33:59	04:52:34	00:35:35
35	106982	277	Fabiano Vaz	40-44	Vasco da Gama Atlético Clube Sines	00:35:16	00:02:49	02:31:43	00:02:04	01:40:54	04:52:46	00:35:47
36	0	280	Rúben Ferreira	25-29	Não Federado	00:37:09	00:04:03	02:35:05	00:02:08	01:34:28	04:52:53	00:35:54
37	0	143	ion Hang Tang Pat	35-39	Não Federado	00:35:55	00:02:24	02:37:42	00:02:27	01:34:29	04:52:57	00:35:58
38	106433	58	Andre Costal	45-49	Triatlo Montijo	00:35:56	00:03:31	02:32:37	00:02:30	01:38:38	04:53:12	00:36:13
39	0	153	Tiago Silvino Martins Ribeiro	35-39	Não Federado	00:34:11	00:02:42	02:35:16	00:02:08	01:39:04	04:53:21	00:36:22
40	0	132	Tiago Mendes	30-34	Não Federado	00:34:09	00:02:01	02:34:59	00:01:45	01:40:48	04:53:42	00:36:43
41	0	295	José Valentim	40-44	Não Federado	00:37:20	00:03:07	02:32:39	00:02:53	01:38:17	04:54:16	00:37:17
42	0	194	Duarte Tirapicos	30-34	Não Federado	00:40:16	00:04:46	02:36:34	00:02:19	01:31:12	04:55:07	00:38:08
43	104415	299	Vítor Piçarra	45-49	Individual	00:37:56	00:03:09	02:38:30	00:02:23	01:33:36	04:55:34	00:38:35
44	106745	183	Ricardo Oliveira Gaspar	30-34	FET-Fátima Escola de Triatlo	00:35:23	00:03:52	02:35:26	00:01:56	01:39:11	04:55:48	00:38:49
45	108420	258	PEDRO RILHÓ	35-39	AmoraSub/Associação Naval Amorense	00:35:35	00:02:12	02:32:16	00:02:06	01:43:39	04:55:48	00:38:49
46	108320	168	Marciano Dias	35-39	TRI AMAZING	00:39:55	00:02:59	02:34:59	00:02:07	01:37:04	04:57:04	00:40:05
47	107246	9	Daniel Marques	30-34	Sporting Clube de Portugal	00:32:48	00:02:34	02:34:46	00:02:28	01:44:51	04:57:27	00:40:28
48	108629	311	marco silva	40-44	Estoril Praia Credibom	00:33:50	00:03:31	02:33:28	00:02:37	01:44:09	04:57:35	00:40:36
49	0	176	Francisco Freitas	30-34	Não Federado	00:24:27	00:03:22	02:44:21	00:02:31	01:43:01	04:57:42	00:40:43
50	108021	64	Rafael Martinho	40-44	Individual	00:38:02	00:03:04	02:35:59	00:02:02	01:38:49	04:57:56	00:40:57
51	0	155	Alfredo Gonzalez Tabares	50-54	Não Federado	00:41:15	00:03:32	02:32:56	00:03:16	01:37:18	04:58:17	00:41:18
52	101443	275	António José Braga Osório Gome	40-44	Paredes Aventura	00:33:06	00:02:54	02:44:22	00:02:26	01:36:37	04:59:25	00:42:26
53	101927	139	Ricardo Teodósio Oliveira	40-44	DNMG	00:35:29	00:02:15	02:38:11	00:02:08	01:41:31	04:59:34	00:42:35
54	105648	116	Bruno Batista	40-44	TRI AMAZING	00:36:04	00:02:55	02:36:54	00:01:58	01:41:51	04:59:42	00:42:43
55	105753	235	João Nunes	40-44	Estoril Praia Credibom	00:36:42	00:03:44	02:34:11	00:04:20	01:41:24	05:00:21	00:43:22
56	105326	38	Luís Marques	50-54	Sporting Clube de Espinho - FERSILVA	00:38:41	00:03:24	02:33:39	00:03:16	01:41:44	05:00:44	00:43:45
57	107256	106	Áristides Bordalo	55-59	Estoril Praia Credibom	00:40:13	00:02:19	02:36:21	00:01:47	01:40:09	05:00:49	00:43:50
58	106892	165	José Martins	30-34	CNATRIL Triatlo	00:38:42	00:03:58	02:26:07	00:04:20	01:47:50	05:00:57	00:43:58
59	103321	211	Renato Araújo	50-54	AmoraSub/Associação Naval Amorense	00:36:45	00:02:50	02:34:36	00:02:21	01:44:30	05:01:02	00:44:03
60	0	100	Bruno Godinho	40-44	Não Federado	00:35:10	00:03:20	02:32:36	00:01:41	01:48:34	05:01:21	00:44:22
61	100188	77	Luís Coelho da Silva	45-49	Individual	00:40:32	00:02:41	02:32:29	00:02:01	01:43:54	05:01:37	00:44:38

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	107656	290	Francisco Fino	40-44	Individual	00:36:03	00:02:13	02:40:41	00:02:32	01:40:31	05:02:00	00:45:01
63	103956	135	Ricardo Santos	50-54	CNAL - Triatlo	00:38:05	00:02:43	02:35:08	00:02:06	01:44:26	05:02:28	00:45:29
64	0	291	Brendan Cryan	40-44	Não Federado	00:39:49	00:03:18	02:36:38	00:02:29	01:40:37	05:02:51	00:45:52
65	106817	11	João Cruz	35-39	Triatlo Montijo	00:41:55	00:03:24	02:31:58	00:03:07	01:42:34	05:02:58	00:45:59
66	106374	151	Diogo Cacho	25-29	Individual	00:36:46	00:03:24	02:29:31	00:01:47	01:51:56	05:03:24	00:46:25
67	105685	279	Luis Lobo	30-34	G.D.GOMA	00:40:14	00:02:48	02:27:56	00:02:03	01:50:25	05:03:26	00:46:27
68	104591	93	João Assis Cabeleira	45-49	Individual	00:41:46	00:06:14	02:31:30	00:03:09	01:41:25	05:04:04	00:47:05
69	0	96	Sérgio Baptista	30-34	Não Federado	00:26:23	00:02:35	02:54:51	00:01:43	01:38:54	05:04:26	00:47:27
70	106352	121	José Nunes	45-49	Paredes Aventura	00:36:49	00:03:42	02:37:00	00:02:48	01:44:27	05:04:46	00:47:47
71	102297	8	José Varela	45-49	Sport Algés e Dafundo	00:36:41	00:02:42	02:40:26	00:03:10	01:41:51	05:04:50	00:47:51
72	104823	33	Nuno Nobre	50-54	Clube Millenniumbcp	00:42:30	00:02:37	02:36:25	00:02:01	01:41:17	05:04:50	00:47:51
73	107135	7	Gonçalo Carvalho	35-39	Individual	00:32:45	00:03:16	02:35:53	00:01:49	01:51:15	05:04:58	00:47:59
74	101738	272	Ricardo Carvalho	40-44	Clube dos Galitos	00:35:11	00:02:35	02:36:09	00:01:33	01:49:46	05:05:14	00:48:15
75	107072	273	José Maria Júdice	35-39	Individual	00:36:05	00:04:02	02:41:37	00:03:07	01:40:28	05:05:19	00:48:20
76	105790	214	Nuno Navalho	45-49	FET-Fátima Escola de Triatlo	00:45:22	00:04:04	02:35:14	00:02:50	01:38:47	05:06:17	00:49:18
77	107633	180	Vitor Rito	35-39	Individual	00:40:02	00:02:55	02:30:53	00:01:41	01:50:52	05:06:23	00:49:24
78	0	171	Nuno Miguel Ferreira Nunes de A	45-49	Não Federado	00:38:38	00:04:56	02:31:55	00:03:12	01:48:22	05:07:03	00:50:04
79	106507	263	Carlos Lopes	50-54	3B - triatlo	00:43:47	00:04:17	02:34:49	00:02:00	01:43:27	05:08:20	00:51:21
80	106917	37	Lucas Peixoto	25-29	REPSOL TRIATLO	00:36:10	00:02:32	02:37:11	00:02:25	01:50:20	05:08:38	00:51:39
81	107300	134	Bruno Lindorfo	40-44	Alhandra Sporting Club	00:34:26	00:03:30	02:39:13	00:01:55	01:49:41	05:08:45	00:51:46
82	102947	216	Bruno Marcelino	45-49	Individual	00:39:10	00:02:44	02:24:59	00:02:39	01:59:34	05:09:06	00:52:07
83	104061	173	Andre Lima Cabrita	45-49	Triatlo de Faro	00:36:29	00:02:25	02:35:00	00:01:37	01:53:59	05:09:30	00:52:31
84	106479	152	Jorge Dinis	50-54	AmoraSub/Associação Naval Amorense	00:36:34	00:02:52	02:37:05	00:01:44	01:51:34	05:09:49	00:52:50
85	0	297	Ricardo Cardoso	40-44	Não Federado	00:41:56	00:04:54	02:41:04	00:02:44	01:39:56	05:10:34	00:53:35
86	105599	41	Ivo Magalhães	45-49	A. R. Casaense	00:35:32	00:02:41	02:32:08	00:02:38	01:57:37	05:10:36	00:53:37
87	100193	310	Miguel Miranda	50-54	Individual	00:36:39	00:02:44	02:33:43	00:01:47	01:55:47	05:10:40	00:53:41
88	0	89	Tiago Abreu	30-34	Não Federado	00:37:19	00:02:53	02:43:34	00:02:37	01:45:21	05:11:44	00:54:45
89	0	26	Luis Carreira	40-44	Não Federado	00:35:42	00:03:22	02:34:34	00:02:21	01:56:35	05:12:34	00:55:35
90	105293	257	Hugo Henriques	45-49	Clube de Futebol Os Belenenses	00:37:57	00:03:00	02:43:07	00:02:25	01:46:48	05:13:17	00:56:18
91	104915	131	Rui Gaspar	40-44	Associação Humanitária Bombeiros dos Estoris	00:33:03	00:02:56	02:38:11	00:03:14	01:55:56	05:13:20	00:56:21
92	102885	57	Marcos Ratola	40-44	TRI AMAZING	00:28:20	00:03:21	02:38:19	00:01:58	02:01:38	05:13:36	00:56:37
93	0	228	Miguel M Campos	45-49	Não Federado	00:44:30	00:07:38	02:38:02	00:04:51	01:38:55	05:13:56	00:56:57
94	0	285	Tiago Pires	35-39	Não Federado	00:35:01	00:03:23	02:42:42	00:01:53	01:52:33	05:15:32	00:58:33

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	101925	125	Pedro Lopes	40-44	DNMG	00:29:37	00:02:40	02:38:18	00:02:32	02:02:36	05:15:43	00:58:44
96	104789	49	Jose Monteiro	55-59	Veteranos do Porto	00:44:48	00:03:14	02:39:38	00:04:05	01:44:18	05:16:03	00:59:04
97	108439	270	Bruno Pereira	45-49	AmoraSub/Associação Naval Amorense	00:36:02	00:03:09	02:37:22	00:01:50	01:58:09	05:16:32	00:59:33
98	0	169	Javier Puente Díaz	50-54	Não Federado	00:39:13	00:03:32	02:46:06	00:03:17	01:44:35	05:16:43	00:59:44
99	107155	222	Renato Velhuco	35-39	Clube de Triatlo de Viseu	00:37:33	00:03:16	02:44:00	00:03:22	01:48:42	05:16:53	00:59:54
100	0	163	Fernando Matias	40-44	Não Federado	00:37:25	00:02:25	02:34:26	00:02:05	02:00:44	05:17:05	01:00:06
101	106970	264	Luís Figueira	45-49	GRCD Leião Triatlo	00:33:55	00:04:01	02:53:18	00:04:11	01:41:51	05:17:16	01:00:17
102	100630	5	Alexandre Rico	45-49	Alhandra Sporting Club	00:41:20	00:03:14	02:39:50	00:01:50	01:51:48	05:18:02	01:01:03
103	105571	282	Rui Velez	55-59	Clube Oriental de Lisboa	00:33:30	00:02:49	02:44:40	00:01:51	01:55:39	05:18:29	01:01:30
104	0	185	Luís Galrito	35-39	Não Federado	00:33:03	00:02:49	02:53:57	00:01:46	01:47:26	05:19:01	01:02:02
105	103574	175	Miguel Salvador	50-54	Estoril Praia Credibom	00:37:51	00:03:39	02:47:36	00:03:29	01:46:48	05:19:23	01:02:24
106	0	255	LUIS SILVA	50-54	Não Federado	00:37:59	00:04:23	02:41:18	00:03:04	01:52:40	05:19:24	01:02:25
107	103123	226	Pedro Galvão Pisco	45-49	Outsystems Olímpico de Oeiras	00:40:47	00:04:14	02:46:30	00:05:27	01:42:28	05:19:26	01:02:27
108	107539	217	Jose Duarte	45-49	Clube Millenniumbcp	00:33:12	00:03:55	02:38:06	00:03:15	02:01:16	05:19:44	01:02:45
109	0	202	João Rosa	45-49	Não Federado	00:34:26	00:02:57	02:42:14	00:02:20	01:57:50	05:19:47	01:02:48
110	0	115	Rui Santos	25-29	Não Federado	00:40:31	00:04:10	02:32:54	00:02:09	02:00:39	05:20:23	01:03:24
111	108035	12	Sergio Vicente	35-39	AmoraSub/Associação Naval Amorense	00:41:56	00:04:07	02:40:37	00:01:53	01:52:30	05:21:03	01:04:04
112	105672	167	Rafael Abrunhosa	55-59	GRCD Leião Triatlo	00:44:16	00:03:59	02:47:44	00:02:21	01:43:32	05:21:52	01:04:53
113	102616	229	Joaquim Potes	40-44	Kainágua	00:34:15	00:04:46	02:48:44	00:03:22	01:50:58	05:22:05	01:05:06
114	107981	72	João Rodrigues	40-44	Louletano	00:45:11	00:04:20	02:32:19	00:03:04	01:59:14	05:24:08	01:07:09
115	0	140	jorge raminhas	35-39	Não Federado	00:37:28	00:03:50	02:43:20	00:02:19	01:57:55	05:24:52	01:07:53
116	0	209	João Ferreira	25-29	Não Federado	00:33:55	00:04:13	02:45:01	00:03:13	01:59:25	05:25:47	01:08:48
117	103719	157	Faber Bastos	50-54	Individual	00:39:23	00:02:45	02:56:57	00:02:55	01:43:53	05:25:53	01:08:54
118	108062	305	Pedro Sanguino	35-39	CNATRIL Triatlo	00:33:06	00:04:14	02:50:14	00:02:21	01:56:51	05:26:46	01:09:47
119	0	248	João Dias	35-39	Não Federado	00:31:51	00:03:49	02:47:20	00:02:15	02:02:15	05:27:30	01:10:31
120	107357	281	Rui Sá	50-54	CNCVG	00:38:02	00:03:45	02:48:17	00:03:44	01:54:35	05:28:23	01:11:24
121	103529	246	Ricardo Pereira	50-54	Estoril Praia Credibom	00:40:25	00:03:03	02:48:21	00:02:19	01:54:16	05:28:24	01:11:25
122	0	147	Zico Gonçalves	35-39	Não Federado	00:38:40	00:05:13	02:50:38	00:03:59	01:50:07	05:28:37	01:11:38
123	106230	148	Paulo Freitas	45-49	Louletano	00:51:10	00:04:47	02:35:52	00:02:56	01:54:53	05:29:38	01:12:39
124	0	126	Daniel Iñu	40-44	Não Federado	00:38:21	00:02:58	02:46:35	00:02:15	02:00:17	05:30:26	01:13:27
125	108001	181	Luís Mendes	45-49	Individual	00:42:32	00:05:18	02:53:40	00:03:10	01:49:00	05:33:40	01:16:41
126	104954	200	Patrick Ebrero	45-49	Peniche A. C.	00:38:40	00:04:03	02:46:56	00:02:42	02:01:20	05:33:41	01:16:42
127	106260	308	Flávio Figueiredo	35-39	Exército de Portugal	00:34:48	00:03:01	02:59:40	00:01:48	01:54:27	05:33:44	01:16:45

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	104927	84	Pedro Queiroz	45-49	SFRAA TRIATLO	00:36:46	00:02:55	02:51:40	00:01:57	02:00:39	05:33:57	01:16:58
129	108643	267	Frederico Cipriano Batista	35-39	Individual	00:40:43	00:02:24	02:39:47	00:02:27	02:09:21	05:34:42	01:17:43
130	106710	62	Pedro Filipe	45-49	Try Portugal / V. Janes	00:29:24	00:02:18	02:38:24	00:01:55	02:22:57	05:34:58	01:17:59
131	105619	91	Pedro Queiroga	50-54	Individual	00:38:29	00:04:47	02:49:31	00:03:29	01:58:42	05:34:58	01:17:59
132	0	95	Rui Ligeiro	45-49	Não Federado	00:39:11	00:03:49	02:46:08	00:02:48	02:03:16	05:35:12	01:18:13
133	104715	118	Rui Nunes	40-44	Individual	00:38:04	00:04:06	02:53:28	00:02:42	01:58:11	05:36:31	01:19:32
134	106231	204	Luis Pereira	40-44	Sporting Clube de Portugal	00:37:46	00:03:59	02:42:57	00:02:30	02:10:16	05:37:28	01:20:29
135	102929	192	Carlos Abrunhosa	50-54	Clube Millenniumbcp	00:40:12	00:03:49	02:52:45	00:03:06	01:57:49	05:37:41	01:20:42
136	0	205	Nuno Rapaz	45-49	Não Federado	00:54:13	00:04:13	02:42:29	00:02:57	01:53:49	05:37:41	01:20:42
137	104544	234	Luís Miguel Tomé	45-49	Peniche A. C.	00:43:33	00:03:03	02:38:13	00:02:00	02:11:01	05:37:50	01:20:51
138	0	266	mathias Roche	JUN	Não Federado	00:36:34	00:02:18	02:51:13	00:02:45	02:05:43	05:38:33	01:21:34
139	0	242	Bruno Gonçalves	30-34	Não Federado	00:40:12	00:03:47	03:02:08	00:02:24	01:51:55	05:40:26	01:23:27
140	106854	21	Davide Lourenço	50-54	Clube de Triatlo de Viseu	00:41:34	00:03:16	03:03:02	00:01:57	01:50:39	05:40:28	01:23:29
141	101917	56	Gonçalo Simões	40-44	DNMG	00:40:00	00:03:20	02:49:58	00:04:58	02:02:53	05:41:09	01:24:10
142	0	36	Miguel Santos Costa	50-54	Não Federado	00:40:15	00:06:06	02:53:48	00:02:53	02:00:52	05:43:54	01:26:55
143	0	307	Nuno Delicado	45-49	Não Federado	00:35:37	00:03:40	-	-	01:38:40	05:44:24	01:27:25
144	0	251	Nuno Rosado	40-44	Não Federado	00:34:21	00:04:08	02:47:26	00:03:28	02:16:20	05:45:43	01:28:44
145	107615	225	José Rafael Charrua	40-44	Individual	00:42:37	00:03:56	02:54:37	00:02:33	02:02:01	05:45:44	01:28:45
146	105456	191	Pedro Alvarez	50-54	Individual	00:36:11	00:04:15	02:55:07	00:02:32	02:07:48	05:45:53	01:28:54
147	104587	30	Neville Suzman	55-59	Clube Millenniumbcp	00:40:43	00:04:53	02:49:53	00:04:07	02:07:10	05:46:46	01:29:47
148	0	87	José Gonçalves	50-54	Não Federado	00:50:36	00:03:44	02:55:57	00:02:47	01:54:19	05:47:23	01:30:24
149	0	34	Tiago Cunha	30-34	Não Federado	00:45:33	00:04:21	02:47:07	00:03:09	02:08:37	05:48:47	01:31:48
150	106228	314	Pedro Nuno Gomes Conceição	45-49	Lusitano - Setúbal	00:37:00	00:04:04	03:06:15	00:03:59	01:58:38	05:49:56	01:32:57
151	0	184	PEDRO ROCHA	40-44	Não Federado	00:44:48	00:03:25	02:55:16	00:03:30	02:04:02	05:51:01	01:34:02
152	105420	102	Pedro Ventura	55-59	Individual	00:35:41	00:03:56	03:13:01	00:02:05	01:56:26	05:51:09	01:34:10
153	0	124	VITOR FONSECA	40-44	Não Federado	00:45:43	00:05:43	02:53:17	00:03:56	02:02:53	05:51:32	01:34:33
154	103306	174	Francisco Sanches-Osório	55-59	Estoril Praia Credibom	00:36:51	00:02:56	02:59:04	00:04:12	02:09:02	05:52:05	01:35:06
155	108055	6	Filipe Canilho	35-39	Individual	00:51:50	00:03:38	03:04:31	00:01:59	01:51:22	05:53:20	01:36:21
156	108602	253	João Rainho Fernandes	30-34	Individual	00:41:02	00:03:02	03:05:25	00:02:41	02:01:21	05:53:31	01:36:32
157	105174	240	Helder Correia	45-49	Associação Académica de São Mamede	00:35:04	00:05:32	03:11:40	00:02:24	01:59:11	05:53:51	01:36:52
158	0	298	Marco Miguel	30-34	Não Federado	00:41:33	00:03:50	-	-	01:53:09	05:54:32	01:37:33
159	0	28	Bruno Pereira	35-39	Não Federado	00:42:09	00:04:44	03:04:49	00:03:24	02:01:09	05:56:15	01:39:16
160	103988	276	Ricardo Mendes	45-49	CNCVG	00:39:40	00:03:30	02:58:31	00:04:24	02:10:43	05:56:48	01:39:49

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#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
161	0	227	Luis Teixeira Santos	55-59	Não Federado	00:43:27	00:07:05	02:53:32	00:05:04	02:09:18	05:58:26	01:41:27
162	104006	231	Duarte Almeida	55-59	Estoril Praia Credibom	00:35:58	00:04:01	02:55:14	00:03:07	02:20:47	05:59:07	01:42:08
163	101396	130	Rui Trovão	40-44	REPSOL TRIATLO	00:38:44	00:03:17	02:53:41	00:02:25	02:22:13	06:00:20	01:43:21
164	103899	66	Esmeraldino Sá	45-49	AmoraSub/Associação Naval Amorense	00:41:26	00:03:15	03:03:21	00:02:45	02:10:42	06:01:29	01:44:30
165	100619	193	José Maçarria	60-64	Individual	00:42:41	00:03:57	02:58:17	00:03:35	02:13:04	06:01:34	01:44:35
166	0	90	Luis Paixão	45-49	Não Federado	00:32:01	00:02:33	02:57:30	00:02:59	02:27:52	06:02:55	01:45:56
167	0	232	Mário Bruno Cunha	40-44	Não Federado	00:49:36	00:05:17	-	-	01:47:57	06:03:20	01:46:21
168	107644	24	Rui Faisca	45-49	Individual	00:28:02	00:03:04	02:58:33	00:02:40	02:31:26	06:03:45	01:46:46
169	107601	29	Miguel Almeida	45-49	Individual	00:40:14	00:03:26	03:01:16	00:01:50	02:18:11	06:04:57	01:47:58
170	103898	55	Rui Santos	40-44	AmoraSub/Associação Naval Amorense	00:41:42	00:02:45	02:56:37	00:02:24	02:24:27	06:07:55	01:50:56
171	0	170	Bruno Rosado	40-44	Não Federado	00:37:02	00:03:57	02:54:40	00:05:43	02:26:57	06:08:19	01:51:20
172	0	74	Jorge Costa (nini)	45-49	Não Federado	00:51:03	00:04:59	02:52:53	00:02:32	02:18:16	06:09:43	01:52:44
173	103284	63	João Carlos Gonçalves	55-59	Clube Millenniumbcp	00:43:35	00:07:14	03:00:51	00:04:33	02:13:36	06:09:49	01:52:50
174	107645	243	Pedro Rodrigues	40-44	CNCVG	00:54:14	00:04:01	-	-	02:10:42	06:11:37	01:54:38
175	107315	73	André Coelho	35-39	Clube de Triatlo de Viseu	00:45:53	00:04:49	02:57:08	00:02:49	02:22:25	06:13:04	01:56:05
176	103195	179	Fabio Munhoz	35-39	Lusitano / Frusoal	00:36:44	00:02:20	02:54:56	00:03:14	02:36:48	06:14:02	01:57:03
177	102935	98	Rui Magalhães	50-54	Clube Millenniumbcp	00:42:35	00:03:53	03:12:28	00:02:08	02:14:04	06:15:08	01:58:09
178	105774	18	João Campos	50-54	Louletano	00:45:21	00:03:38	03:07:01	00:01:46	02:18:25	06:16:11	01:59:12
179	0	141	Paulo Grade	35-39	Não Federado	00:44:44	00:05:27	02:59:44	00:03:42	02:23:50	06:17:27	02:00:28
180	104429	97	Roberto Elvira	35-39	Lusitano / Frusoal	00:40:59	00:04:20	03:07:28	00:02:49	02:22:26	06:18:02	02:01:03
181	0	199	Ricardo do Carmo	45-49	Não Federado	00:51:40	00:04:27	00:02:03	03:13:27	02:08:56	06:20:33	02:03:34
182	106173	146	Eduardo Carpinteiro	55-59	Individual	00:47:27	00:06:41	02:52:31	00:07:25	02:26:34	06:20:38	02:03:39
183	106711	65	Paulo Trindade	55-59	Individual	00:40:52	00:03:59	03:08:45	00:02:55	02:25:10	06:21:41	02:04:42
184	100544	43	Eduardo Ferreira	45-49	Clube Millenniumbcp	00:43:43	00:04:17	02:56:14	00:02:28	02:40:37	06:27:19	02:10:20
185	0	27	Rui Carrito	35-39	Não Federado	00:31:26	00:05:08	02:57:45	00:03:45	02:49:16	06:27:20	02:10:21
186	107408	302	Joao Fernandes	45-49	Individual	00:46:02	00:04:07	-	-	02:13:31	06:27:54	02:10:55
187	0	198	Pedro Calvario	50-54	Não Federado	00:43:34	00:05:22	-	-	02:21:13	06:28:52	02:11:53
188	0	25	José Ferreira	50-54	Não Federado	00:41:34	00:06:39	02:54:32	00:04:40	02:43:03	06:30:28	02:13:29
189	100837	208	Pedro Pinho Lopes	45-49	Outsystems Olímpico de Oeiras	00:42:47	00:04:03	-	-	01:54:46	06:34:40	02:17:41
190	100837	208	Pedro Pinho Lopes	45-49	Outsystems Olímpico de Oeiras	00:42:47	00:04:03	-	-	01:54:46	06:34:40	02:17:41
191	106497	149	Carlos Farinha	45-49	Individual	00:41:35	00:06:39	03:10:59	00:05:04	02:32:40	06:36:57	02:19:58
192	0	104	Jorge Miguel P F Ferreira	50-54	Não Federado	00:53:18	00:04:32	00:02:48	03:19:28	02:19:00	06:39:06	02:22:07
193	100685	312	Jorge Corte-Real	60-64	Alhandra Sporting Club	00:49:29	00:04:50	23:59:36	03:27:03	02:21:34	06:42:32	02:25:33

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#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
194	103842	85	Nuno Ryder	50-54	Individual	00:54:20	00:05:34	-	-	02:12:21	06:42:59	02:26:00
195	107298	245	Fábio Paulo	35-39	Alhandra Sporting Club	00:48:35	00:04:39	-	-	02:32:46	06:46:33	02:29:34
196	105885	212	Rui Levy	45-49	Individual	00:47:30	00:04:32	03:04:42	00:03:23	02:47:37	06:47:44	02:30:45
197	0	119	Alberto Esteves	50-54	Não Federado	00:36:20	00:04:58	03:06:55	00:05:51	02:54:51	06:48:55	02:31:56
198	0	107	Luis Miguel Melo	40-44	Não Federado	00:47:48	00:05:48	-	-	02:33:41	06:50:17	02:33:18
199	100624	103	Miguel Reis	45-49	GRCD Leião Triatlo	00:45:52	00:07:41	-	-	02:25:22	06:53:37	02:36:38
200	0	42	Paulo teixeira	45-49	Não Federado	00:41:50	00:05:05	-	-	02:46:01	06:56:50	02:39:51
201	100246	187	Pedro Gil	50-54	Peniche A. C.	00:48:58	00:04:21	-	-	02:43:24	06:57:28	02:40:29
202	0	112	Ricardo Conceição	35-39	Não Federado	00:45:21	00:04:58	-	-	02:36:06	07:09:02	02:52:03
203	0	286	João Carvalho	50-54	Não Federado	00:51:41	00:04:07	-	-	03:00:51	07:10:16	02:53:17
204	107178	86	Tiago Garcia	35-39	Louletano	00:41:21	00:02:50	02:57:13	00:03:12	03:26:33	07:11:09	02:54:10
205	106354	111	Fernando Martins	65-69	Individual	00:57:39	00:03:49	-	-	02:55:38	07:15:17	02:58:18
206	0	35	Pedro Nunes	45-49	Não Federado	01:06:53	00:08:19	03:55:32	00:07:46	02:37:42	07:56:12	03:39:13
207	100308	110	José Luís Correia	60-64	Associação Humanitária Bombeiros dos Estoris	00:36:58	00:06:57	00:19:47	03:31:00	03:34:27	08:09:09	03:52:10
208	100748	203	Pedro Machado	35-39	Sport Algés e Dafundo	07:46:47	00:02:47	02:42:32	00:01:27	01:30:31	12:04:04	07:47:05
DNF	107368	262	Pedro Duarte	45-49	Individual	00:37:26	00:04:07	02:35:04	00:02:41	-	DNF	
DNF	0	32	Hélder Milheiras	45-49	Não Federado	00:38:41	00:06:10	02:52:13	00:04:07	-	DNF	
DNF	102034	301	João Antunes	45-49	Louletano	00:35:00	00:02:38	02:42:03	00:02:45	-	DNF	
DNF	105786	304	Ronny Simões	35-39	Individual	00:39:59	00:02:26	02:32:19	00:03:29	-	DNF	
DNF	101562	81	Francisco Gaspar	35-39	AMCR Fonte Grada	00:35:43	00:02:16	02:33:51	00:02:43	-	DNF	
DNF	0	105	Nuno Gato	35-39	Não Federado	00:39:59	00:04:40	02:53:10	00:02:53	-	DNF	
DNF	104784	156	Pedro Miguel Santos	40-44	Associação Beat Your Limit!	00:36:50	00:03:37	02:42:40	00:02:50	-	DNF	
DNF	0	186	João Fontinhas	35-39	Não Federado	00:42:51	00:03:02	02:46:44	00:04:32	-	DNF	
DNF	0	237	Kiko Martins	40-44	Não Federado	00:40:17	00:03:19	02:41:17	00:02:16	-	DNF	
DNF	107984	19	João Covas	30-34	Individual	-	-	-	-	-	DNF	
DNF	0	142	Luís Almeida	50-54	Não Federado	-	-	-	-	-	DNF	
DNF	0	159	Simão Seiça	25-29	Não Federado	-	-	-	-	-	DNF	
DNF	106287	177	Francisco Garnel	35-39	Sporting Clube de Portugal	-	-	-	-	-	DNF	
DNF	103235	206	Bruno Domingos	40-44	Lusitano / Frusoad	-	-	-	-	-	DNF	
DNF	0	80	David Figueiredo	45-49	Não Federado	00:41:00	00:03:40	-	-	-	DNF	
DNF	106795	207	Filipe Vieira	35-39	Clube de Futebol Os Belenenses	00:35:20	00:02:04	-	-	-	DNF	
DNF	0	213	Diego Blanco Martínez	25-29	Não Federado	00:29:14	00:01:46	-	-	-	DNF	
DNF	104052	252	Adelino Soutinho	40-44	G.D.GOMA	00:34:56	00:06:08	-	-	-	DNF	

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#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNF	0	322	Paulino Alves	35-39	Não Federado	-	-	-	-	-	DNF	
DNF	106606	249	Bruno Carvalho	40-44	Individual	-	-	-	-	-	DNF	
DNF	100201	254	Marco Cruz	50-54	Mc Donald's/Tribraga	-	-	-	-	-	DNF	
DNS	104852	259	Paulo Faria	40-44	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	106826	1	Ricardo Durão	35-39	Estoril Praia Credibom	-	-	-	-	-	DNS	
DNS	100733	260	João Seródio	40-44	Sport Algés e Dafundo	-	-	-	-	-	DNS	
DNS	0	268	Nuno Varela	45-49	Não Federado	-	-	-	-	-	DNS	
DNS	106460	10	Bruno Fernandes	40-44	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	102489	271	José Luís Almeida	50-54	Clube Millenniumbcp	-	-	-	-	-	DNS	
DNS	107625	13	Marco Cunha	35-39	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	107877	14	Hugo Fragoso	30-34	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	0	274	Pablo	35-39	Não Federado	-	-	-	-	-	DNS	
DNS	0	16	José Oliveira	45-49	Não Federado	-	-	-	-	-	DNS	
DNS	106508	17	Carlos Xavier	40-44	3B - triatlo	-	-	-	-	-	DNS	
DNS	106338	22	Ken Gielen	45-49	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	105659	23	Pedro Lourenço	50-54	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	104418	288	Ricardo Furtado	40-44	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	105384	303	Nuno Alcides	40-44	G.D.GOMA	-	-	-	-	-	DNS	
DNS	104975	44	Pedro Fraga	50-54	Veteranos do Porto	-	-	-	-	-	DNS	
DNS	108009	46	Joao Raimundo	50-54	CNAL - Triatlo	-	-	-	-	-	DNS	
DNS	103880	50	Pedro Meixedo	35-39	Clube Zupper	-	-	-	-	-	DNS	
DNS	103591	53	Pedro Melo	35-39	Veteranos do Porto	-	-	-	-	-	DNS	
DNS	101760	313	Paulo Carvalhinho	50-54	Kainágua	-	-	-	-	-	DNS	
DNS	107172	67	Luís Gil Caldeira	50-54	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	105475	68	Luís Clara	50-54	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	102925	69	Bruno Fonseca	40-44	3B - triatlo	-	-	-	-	-	DNS	
DNS	100627	71	Tiago Avelãs	45-49	Individual	-	-	-	-	-	DNS	
DNS	100558	75	Rogério Araújo	55-59	Clube Millenniumbcp	-	-	-	-	-	DNS	
DNS	102550	79	Gary Blesson	55-59	A. R. Casaense	-	-	-	-	-	DNS	
DNS	0	83	Ramón Carnota Méndez	45-49	Não Federado	-	-	-	-	-	DNS	
DNS	101973	88	Emma Yates	50-54	CCD / INTERMARCHÉ LAGOS	-	-	-	-	-	DNS	
DNS	0	99	Joao Garcia	45-49	Não Federado	-	-	-	-	-	DNS	
DNS	0	101	Duarte Pinto	35-39	Não Federado	-	-	-	-	-	DNS	

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNS	103993	108	Fernando Batista	35-39	Clube Millenniumbcp	-	-	-	-	-	DNS	
DNS	0	109	António Padilha	35-39	Não Federado	-	-	-	-	-	DNS	
DNS	0	114	Pedro Martins	35-39	Não Federado	-	-	-	-	-	DNS	
DNS	103665	117	Bruno Martins	40-44	A.C.R.R. TRIATLO	-	-	-	-	-	DNS	
DNS	107374	120	Daniel Santos	35-39	Individual	-	-	-	-	-	DNS	
DNS	0	128	Bruno Pimenta	35-39	Não Federado	-	-	-	-	-	DNS	
DNS	0	129	Francisco Manuel Mendes Cascall	50-54	Não Federado	-	-	-	-	-	DNS	
DNS	103772	133	Rogério Bastos	45-49	A.C.R.R. TRIATLO	-	-	-	-	-	DNS	
DNS	0	137	Rui Cameira	35-39	Não Federado	-	-	-	-	-	DNS	
DNS	0	144	Rainer Hoffmann	55-59	Não Federado	-	-	-	-	-	DNS	
DNS	0	158	João Lucas Coelho	50-54	Não Federado	-	-	-	-	-	DNS	
DNS	0	161	Alexandra Vicente	40-44	Não Federado	-	-	-	-	-	DNS	
DNS	101433	162	Nuno Carvalhinho	45-49	Triatlo Clube Tap	-	-	-	-	-	DNS	
DNS	0	164	Gonçalo Rodrigues	35-39	Não Federado	-	-	-	-	-	DNS	
DNS	100686	166	Carlos Serra	50-54	Clube Oriental de Lisboa	-	-	-	-	-	DNS	
DNS	101781	172	miguel velez	55-59	Câmara Lisboa Clube	-	-	-	-	-	DNS	
DNS	106442	178	Pedro Miguel Correia	40-44	Individual	-	-	-	-	-	DNS	
DNS	100580	182	João Martins	35-39	SFRAA TRIATLO	-	-	-	-	-	DNS	
DNS	107624	189	Henrique Martins	35-39	GRCD Leião Triatlo	-	-	-	-	-	DNS	
DNS	0	190	João Bogas	40-44	Não Federado	-	-	-	-	-	DNS	
DNS	0	197	Drew Wilkinson	25-29	Não Federado	-	-	-	-	-	DNS	
DNS	0	218	Pedro Monteiro	30-34	Não Federado	-	-	-	-	-	DNS	
DNS	0	221	Rui Melo Silva	50-54	Não Federado	-	-	-	-	-	DNS	
DNS	105948	223	João Saldanha Lopes	35-39	LXTRIATHLON	-	-	-	-	-	DNS	
DNS	106690	238	Nuno Ribeiro	40-44	Sporting Clube de Espinho - FERSILVA	-	-	-	-	-	DNS	
DNS	101619	247	Marco Sousa	45-49	Pedrogão Triatlo	-	-	-	-	-	DNS	