

Local da Prova: **Coimbra**

Data: **12-06-2022**

Hora da Partida: **09:30:00**

Distancias: Corrida - 300

Ciclismo - 90000

Corrida - 21100

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	105550	24	Fábio Durão	30-34	Individual	00:00:47	00:01:21	02:30:50	-	-	03:57:00	00:00:00
2	105857	1	João Sousa	35-39	Sporting Clube de Espinho - FERSILVA	00:00:47	00:01:13	02:23:02	00:01:51	01:36:48	04:03:41	00:06:41
3	104745	2	Carlos Matias	30-34	Clube de Futebol Os Belenenses	-	-	02:34:03	00:01:31	01:35:22	04:12:42	00:15:42
4	108298	8	João Dinis	35-39	Clube Atlético de Oliveira do Hospital	00:00:59	00:01:40	02:36:29	00:02:07	01:35:53	04:17:08	00:20:08
5	108300	19	Hélder Isidoro	40-44	Clube Atlético de Oliveira do Hospital	-	-	02:37:52	00:02:22	01:40:31	04:23:22	00:26:22
6	0	28	Fernando Carvalho	45-49	Não Federado	00:01:01	00:01:53	02:35:49	00:02:01	01:44:48	04:25:32	00:28:32
7	108017	7	Francisco Barradas	40-44	SNR Triatlo	00:00:55	00:02:09	02:34:41	00:03:10	01:48:50	04:29:45	00:32:45
8	107284	26	Vitor Gomes	30-34	SNR Triatlo	-	-	02:35:39	00:02:17	01:49:36	04:29:56	00:32:56
9	0	46	Rodolfo	40-44	Não Federado	00:01:00	00:02:19	02:38:00	00:03:01	01:50:00	04:34:20	00:37:20
10	0	47	João Neto	40-44	Não Federado	-	-	02:29:16	00:03:24	01:59:15	04:34:52	00:37:52
11	0	15	Paulo Neves	50-54	Não Federado	00:00:52	00:02:13	02:39:13	00:05:07	01:48:34	04:35:59	00:38:59
12	108299	18	Mário José dos Santos Henriques	35-39	Clube Atlético de Oliveira do Hospital	00:00:59	00:01:14	02:38:51	00:02:06	01:53:28	04:36:38	00:39:38
13	106857	3	António Lourenço	50-54	Clube de Triatlo de Viseu	-	-	02:52:32	00:02:01	01:42:28	04:39:43	00:42:43
14	0	30	Pedro Cruz	40-44	Não Federado	00:01:08	00:02:16	02:40:39	00:03:38	01:53:26	04:41:07	00:44:07
15	107119	22	Pedro Ferreira	50-54	Individual	00:01:20	-	-	00:03:46	01:13:48	04:45:25	00:48:25
16	101410	25	José Varela	65-69	Louletano	-	-	02:47:22	00:02:41	01:58:49	04:51:39	00:54:39
17	0	52	Jorge Primo	50-54	Não Federado	00:00:59	00:01:51	02:30:55	00:02:35	02:19:07	04:55:27	00:58:27
18	0	17	Leandro Barros	35-39	Não Federado	00:01:02	00:01:53	02:42:08	00:02:50	02:10:42	04:58:35	01:01:35
19	105616	13	Márcio Oliveira	35-39	A.C.R.R. TRIATLO	-	-	02:38:01	00:03:55	02:17:11	05:02:16	01:05:16
20	107009	51	Jorge Gois	45-49	Individual	00:01:00	00:01:32	02:49:16	00:02:04	02:10:56	05:04:48	01:07:48
21	0	20	Rui Carvalhal	35-39	Não Federado	00:01:02	00:02:19	02:51:44	00:03:15	02:09:54	05:08:14	01:11:14
22	0	33	Antonio José Ferreira	55-59	Não Federado	00:01:14	00:02:18	02:36:10	00:03:06	02:27:46	05:10:34	01:13:34
23	0	10	Gonçalo Cardoso	45-49	Não Federado	00:01:12	00:02:31	03:07:35	00:03:11	01:58:35	05:13:04	01:16:04
24	0	23	Fausto Carvalho	65-69	Não Federado	00:01:18	00:02:31	03:12:23	00:07:26	01:59:14	05:22:52	01:25:52
25	0	4	Rodrigo Carvalho	35-39	Não Federado	00:01:14	00:02:25	03:03:33	00:04:15	02:11:37	05:23:04	01:26:04
26	0	48	Joao Paulo Coelho Pinto	40-44	Não Federado	00:01:23	00:02:30	03:08:29	00:03:07	02:15:31	05:31:00	01:34:00
DNF	108496	9	Daniel Amaral	25-29	Clube dos Galitos	00:01:12	00:02:25	02:48:33	00:02:12	-	DNF	
DNF	0	29	André Chanoca	40-44	Não Federado	00:01:18	00:02:22	02:54:51	00:04:04	-	DNF	

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNF	107132	16	Nuno Silva	45-49	Individual	00:01:20	00:02:28	-	-	-	DNF	
DNF	0	27	Carlos Silva	50-54	Não Federado	00:01:16	00:02:58	-	-	-	DNF	
DNS	105776	11	João Crespo	35-39	A. R. Casaense	-	-	-	-	-	DNS	
DNS	106509	12	Daniel Falcão	35-39	3B - triatlo	-	-	-	-	-	DNS	
DNS	106453	31	Carlos Costa	40-44	A. R. Casaense	-	-	-	-	-	DNS	